1996

OMB #: 0586-0014

Expires: October 31, 1996

# WHAT WE EAT IN AMERICA: 1994-1996 DAY TWO INTAKE QUESTIONNAIRE

PLACE CASE LABEL HERE

SAMPLE PERSON #:	
INTERVIEWER NAME:	_ :   AM 1 TIME STARTED PM 2
INTERVIEWER ID:   _	
DATE OF INTERVIEW:   _   _   -  _   -19   _   _   MO DA YR	_ :   AM 1 TIME ENDED PM 2
DAY OF INTERVIEW:	INTERVIEW CONDUCTED.
	IN PERSON 1 BY TELEPHONE 2
FIRST NAME OF	
SAMPLE PERSON:	FOR HOME OFFICE USE ONLY
DATE OF BIRTH:   _ - _ - _ - _  YEAR	DATE RECEIVED:
OR AGF:       YRS 1	VERIFIER ID:
MOS 2	MC: YES NO
SEX: M 1 F 2	BATCH #:

Conducted for the United States Department of Agriculture by Westat Inc., Rockville, MD

#### DAY 2

1.

HAND CARD I1

I'd like you to give me the list of everything (you/NAME) had to eat and drink all day vesterday, (DAY), from midnight to midnight. I'll ask you for the detailed descriptions and amounts later. Please include everything (you/NAME) ate and drank at home and away -- even snacks, coffee, and alcoholic beverages. [DO NOT INTERRUPT RESPONDENT. USE HANDCARD I1 IF NECESSARY.]

[IF INFANT OR CHILD SP:] I'd like you to give me the list of everything (NAME) had to eat and drink all day yesterday, (DAY), from midnight to midnight. I'll ask you for the detailed descriptions and amounts later. Please include everything (he/she) ate and drank at home and away, including snacks and drinks (and bottles or breast milk).

[WHEN RESPONDENT STOPS, ASK: Anything else?]

Now I'm going to ask you the specific questions about the foods and beverages you just listed. When you remember anything else (you/NAME) ate or drank as we go along, please tell me.

Use these measuring guides to help estimate amounts or any of your own cups, mugs, bowls or package labels.

WHEN ASKING ABOUT FIRST FOOD RECORDED ON QUICK LIST, GO TO 2b.

- Did (you/NAME) have (NEXT QUICK LIST ITEM) at (TIME) with (your/his/her) (OCCASION) or 2a. was that at another time? [CONFIRM IF OBVIOUS OR IF RECORDED ON QUICK LIST. IF SAME TIME AND OCCASION, SKIP TO BOX 1; IF AT ANOTHER TIME, ASK Q2b.]
- About what time did (you/NAME) begin to (eat/drink) the (FOOD)? [OR CONFIRM IF 2b. RECORDED ON QUICK LIST]
- Looking at this card, please tell me what (you/NAME) would call this occasion? [OR CONFIRM 3. IF RECORDED ON QUICK LIST)

HAND CARD **I2** 

01 BREAKFAST 02 BRUNCH 03 LUNCH 04 DINNER SUPPER 05

06 FOOD AND/OR BEVERAGE BREAK SNACK ALCOHOLIC BEVERAGE OTHER BEVERAGE 07 FEEDING (INFANT ONLY)

08 OTHER (SPECIFY)

BOX 1

STEP 1:

TRANSFER QUICK LIST FOOD TO THE FOOD/DRINK COLUMN. CHECK OFF

FOOD IN QUICK LIST AS IT IS TRANSFERRED.

STEP 2 (Q4): GO TO FIB COLUMN Q4 FOR FOOD PROBES. BE SURE TO REQUEST FOOD LABELS IF RESPONDENT CANNOT ANSWER PROBES IN COLUMN Q4.

STEP 3 (Q5): GO TO FIB COLUMN Q5 HEADING FOR AMOUNT QUESTION.

STEP 4:

RETURN TO Q2a FOR NEXT FOOD RECORDED IN QUICK LIST.

#### INDIVIDUAL INTAKE FORM

Q1 Quick List of Food Items √	Q2 Time	Q3 Occ. (HAND- CARD 12)	Food/Drink and Additions	Q4  Description of Food/Drink  and Ingredient Amount
<b>A</b>	a p		1.	
B. C:	a p		2.	
D.	a		3.	
<b>E.</b>	а		4.	
F. G.	p a		5.	
H	p a		6.	
	p a	, <del>,</del>	7.	
K	p a		8.	<u> </u>
<u>.</u> м.	p a		9.	
N	p a		10.	
O. P.	р 		11.	
•	р		12.	
R.	a p			
S T	a p		13.	
Ů.	a p		14.	
v. W	a p		15.	
×	a p		16.	

Q5 How much of this (FOOD) did you actually (eat/drink)?	Q7 Where Obtained (HAND CARD 13)	Q8 Eaten At Home	Q9 Ever At Home
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2

## INDIVIDUAL INTAKE FORM (continued)

Q2 Time	Q3 Occ. (HAND- CARD 12)	Food/Drink and Additions	Q4  Description of Food/Drink  and Ingredient Amount
a p		17.	
a p		18.	
a p		19.	
a p		20.	
a p		21.	
a p		22.	
a p		23.	
a p		24.	
a p		25.	
a p	1	26.	
a p		27.	
a p		28.	
a p		29.	
a p		30.	
a p		31.	
a p		32.	

Q5 How much of this (FOOD) did you actually (eat/drink)?	Q7 Where Obtained (HAND CARD I3)	Q8 Eaten At Home	Q9 Ever At Home
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YE\$ 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YE\$ 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2

## INDIVIDUAL INTAKE FORM (continued)

Q2 Time	Q3 Occ. (HAND- CARD I2)	Food/Drink and Additions	Q4  Description of Food/Drink  and Ingredient Amount
a p		33.	
a p		34.	
a p		35.	
a p		36.	
a p		37.	
a p		38.	
a p		39.	
a p		40.	
a p		41.	
a p	:	42.	
a p		43.	
a p		44.	
a p		45.	
a p		46.	
a p		47.	
a p		48.	

Q5 How much of this (FOOD) did you actually (eat/drink)?	Q7 Where Obtained (HAND CARD I3)	Q8 Eaten At Home	Q9 Ever At Home
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YE\$ 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2
		YES 1 (Q7) NO 2	YES 1 NO 2

#### **REVIEW**

- 6. Now let's see if I have everything. I'd like you to try to remember anything else (you/NAME) ate or drank yesterday, that you haven't already told me about, including anything (you/NAME) ate or drank while preparing a meal or while waiting to eat.
  - 6a. Did (you/NAME) have anything to eat or drink between midnight yesterday and (your/NAME'S) (TIME) (FIRST OCCASION)?
  - 6b. Now at (TIME) for (THIS OCCASION) (you/NAME) had (FOODS), did (you/NAME) have anything else?
  - 6c. Did (you/NAME) have anything to eat or drink between (your/NAME's) (TIME) (THIS OCCASION) and (TIME) when (you/NAME) had (NEXT OCCASION)?

REPEAT 6b AND 6c FOR EACH OCCASION EXCEPT LAST OCCASION. FOR LAST OCCASION, GO TO 6d.

- 6d. Now at (TIME) for (LAST OCCASION) (you/NAME) had (FOODS), did (you/NAME) have anything else?
- 6e. Did (you/NAME) have anything to eat or drink after (your/NAME's) (TIME) (LAST OCCASION) but before midnight last night?

Now let's go back to the beginning of the day and find out where (you/NAME), or other people who live here, obtained the food (you/NAME) ate and where (you/NAME) ate it.

7. (Looking at this card) Where did (you/NAME) obtain (THIS FOOD/MOST OF THE INGREDIENTS FOR THIS FOOD)?

HAND CARD I3

- 01 STORE, SUCH AS
  - SUPERMARKET, GROCERY STORE, OR WAREHOUSE, CONVENIENCE STORE, DRUG STORE, OR GAS STATION
  - SPECIALTY STORE SUCH AS BAKERY, DELI, SEAFOOD, ETHNIC FOOD, HEALTH FOOD

**COMMISSARY** 

PRODUCE STAND OR FARMER'S MARKET

- 02 RESTAURANT WITH WAITER/WAITRESS SERVICE
- 03 FAST FOOD PLACE, PIZZA PLACE
- 04 BAR, TAVERN, LOUNGE
- 05 SCHOOL CAFETERIA
- 06 OTHER CAFETERIA
- 07 VENDING MACHINE
- 08 CHILD CARE CENTER, FAMILY DAY CARE HOME, ADULT DAY CARE

- 09 SOUP KITCHEN, SHELTER, FOOD PANTRY
- 10 MEALS ON WHEELS
- 11 OTHER COMMUNITY FOOD PROGRAM
- 12 GROWN OR CAUGHT BY YOU OR SOMEONE YOU KNOW

IF FISH OR SEAFOOD, ASK: Did it come from a...

- 71 Freshwater lake, pond, or river
- 72 The ocean, or
- 73 A bay, sound, or estuary?
- 74 DON'T KNOW BODY OF WATER
- 13 SOMEONE ELSE/GIFT

#### SOME OTHER PLACE (PLEASE DESCRIBE)

- 14 MAIL ORDER PURCHASE
- 15 COMMON COFFEE POT OR SNACK TRAY
- 16 RESIDENTIAL DINING FACILITY
- 17 OTHER (SPECIFY)
- 98 DON'T KNOW
- 8. Did (you/NAME) (eat/drink) this (FOOD) at your home?

IF YES, GO BACK TO Q7 FOR NEXT FOOD. IF NO. GO TO Q9.

9. Before (you/NAME) (ate/drank) this particular (FOOD), was it ever at your home?

REPEAT Q7-9 FOR EACH FOOD.

10.	Was the amount of food that (you/NA than usual?	ME) ate yesterday about usual, less than	นรน	al, or more
		USUAL	. 1	(Q13)
		LESS THAN USUAL		(Q11)
		MORE THAN USUAL		(Q12)
11.	What is the main reason the amount (ye	ou/NAME) ate yesterday was less than usu	ıal?	
		010141500	0.4	•
		SICKNESS		
		SHORT OF MONEY		
		TRAVELING	. 03	
		AT A SOCIAL OCCASION OR		
		ON A SPECIAL DAY		
		ON VACATION	. 05	(013)
		TOO BUSY	. 06	(Q13)
		NOT HUNGRY	. 07	
		DIETING		
		FASTING		
		BORED OR STRESSED		
		· · · · • · · · · · · · · · · · · · ·		ſ
		SOME OTHER REASON (SPECIFY)	- 11	,   _
12. HAN CAR I5	Now I'd like you to think abou yesterday, regardless of where (y water or any bottled water that is t	TRAVELING	. 1 . 2 . 3 . 4 . 5 . 6 - ou/N	I mean tap
		FLUID OUNCES		
		NONE	000	(O16)
		NOINE	500	(410)
14.	How much of this plain drinking water none?	came from your home? Would you say all	, mo:	st, some, or
		A11		(016)
		ALL		(Q16)
		MOST	_	
		SOME	3	
		NONE	4	

15.	What was the main source of plain water, water from a drinking founta			that did <u>not</u> come from your home? Was r, or something else?	it tap	
	BOTTLED WATER OTHER SOURCE (SPECIFY)		······································	FOUNTAIN	l	_
16.	How many hours did (you/NAME)		1 1	1		
		7	F OF HO	URS		
17.	During the past 12 months, that is, any (FOOD) in any form?	since	last (NAI	ME OF MONTH), (have you/has NAME)	eaten	
		<u>YES</u>	<u>NO</u>	I	<u>YES</u>	<u>NO</u>
	Artichokes	1	2	Grapefruit, other than juice	. 1	2
	Asparagus	1	2	Cantaloupe	. 1	2
	Broccoli	1	2	Honeydew melon	. 1	2
	Brussels sprouts	1	2	Watermelon	. 1	2
	Cauliflower	1	2	Nectarines	. 1	2
	Eggplant	1	2	Pears	. 1	2
	Kale	1	2	Plums	. 1	2
	Swiss chard	1	2	Rhubarb	. 1	2
	Okra	1	2	Chicken liver	. 1	2
	Spinach	1	2	Beef, veal or pork liver	. 1	2
	Summer squash (thin skin)	1	2	Lamb	. 1	2
	Winter squash (hard skin)	1	2	Shellfish	. 1	2
	Sweet potato or yams	1	2	Fish, other than shellfish		
	Turnips, other than greens	1	2	or canned fish IF YES: Was any of the	. 1	2
	Avocado or guacamole	1	2	fish you ate caught by you or someone you know?	. 1	2
	[	TH	ANK RES	PONDENT CODE QLIST	R USE (	 ONLY. 
				TIME ENDED	Al — Pi	M M

## INTERVIEWER OBSERVATION FORM

[DO NOT READ THESE QUESTIONS TO THE RESPONDENT.]

SAMPLE PERSON	01
MOTHER OF SAMPLE PERSON	02
FATHER OF SAMPLE PERSON	03
WIFE OF SAMPLE PERSON	04
HUSBAND OF SAMPLE PERSON	05
IN RESPONDING FOR THIS INTERVIEW? (CIRCLE ALL.	THAT APPLY)
NO ONE	00
SAMPLE PERSON	01
MOTHER OF SAMPLE PERSON	02
FATHER OF SAMPLE PERSON	03
**************************************	12
	10
THAN INTERVIEWER	I3
SPONDENT HAVE DIFFICULTY WITH THIS INTAKE INTE	ERVIEW?
YE\$	1
	FATHER OF SAMPLE PERSON WIFE OF SAMPLE PERSON HUSBAND OF SAMPLE PERSON DAUGHTER OF SAMPLE PERSON SON OF SAMPLE PERSON SISTER OF SAMPLE PERSON BROTHER OF SAMPLE PERSON GRANDPARENT OF SAMPLE PERSON UNCLE OF SAMPLE PERSON SOMEONE ELSE (SPECIFY)  IN RESPONDING FOR THIS INTERVIEW? (CIRCLE ALL NO ONE SAMPLE PERSON MOTHER OF SAMPLE PERSON FATHER OF SAMPLE PERSON WIFE OF SAMPLE PERSON HUSBAND OF SAMPLE PERSON DAUGHTER OF SAMPLE PERSON SON OF SAMPLE PERSON SON OF SAMPLE PERSON SISTER OF SAMPLE PERSON BROTHER OF SAMPLE PERSON GRANDPARENT OF SAMPLE PERSON UNCLE OF SAMPLE PERSON SOMEONE ELSE (SPECIFY) - OTHER THAN INTERVIEWER

BOX 4 AND QUESTION E NOT ASKED FOR DAY 2.

F.	IS DATA RETRIEVAL CARETAKER?	NECESSARY	FOR	DAYCARE/BABY-SITTER/SCHOOL	/OR	OTHER
					-	
	[IF YES, RECORD SOUR FOLDER.]	CE INFORMAT	TION C	ON FOLLOW-UP CALL RECORD ON	HOUS	SEHOLD



WHAT WE EAT IN AMERICA: 1994-1996
CONTINUING SURVEY OF FOOD INTAKES BY INDIVIDUALS

Conducted for:

United States Department of Agriculture

Conducted by:

Westat 1650 Research Blvd. Rockville, MD 20850